

50m FREE

9 YEARS & UNDER

Emily Ford	35.49	05/11/2011	City of Coventry November Open Meet
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10 YEARS

Rhiannan Lillistone	33.51	20/07/2019	2019 Wycombe District SC End of Season LC Meet
Alice Martin	33.66	19/07/2014	Wycombe District SC End of Season Meet
Jana Cooper Marcos	35.51	13/07/2013	Wycombe District SC End of Season Meet, Wycombe

11 YEARS

Amber Freeman	32.27	14/04/2018	Team Luton April Long Course Meet 2018
Theodora Wornham	33.02	17/04/2016	Team Luton April Long Course Meet, Luton
Emily Ford	33.26	13/07/2013	Wycombe District SC End of Season Meet

12 YEARS

Jana Cooper Marcos	29.89	16/04/2016	Team Luton April Long Course Meet
Emma Pearce	30.21	17/04/2010	Taunton Deane Easter Meet, Millfield

13 YEARS

Yasmin Tjalli	28.37	29/03/2015	City of Sheffield Swim Squad Premier Meet
Olivia Law	30.64	03/11/2007	South East Winter Champs, Crawley

14 YEARS

Yasmin Tajalli	27.80	17/05/2015	ASA SER Swimming Championships
Ellie Nutt	29.43	16/11/2013	Crawley Not So Early Bird Meet, Crawley

15 YEARS

Jana Cooper Marcos	27.36	01/08/2018	Swim England National Summer Meet 2018
Eloise Ross	36.00	30/04/2017	ASA South East Region Championships 2017, Wycombe

16 YEARS

Jana Cooper Marcos	27.36	01/08/2018	Swim England National Summer Meet 2018
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Open

Jana Cooper Marcos	27.36	01/08/2018	Swim England National Summer Meet 2018
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100m FREE

9 YEARS & UNDER

Rhiannan Lillistone 1:22.54 30/07/2018 Swim Wales Summer Development Meet

10 YEARS

Emily Ford 1:12.14 14/04/2013 Crawley SC Spring Long Course Open Meet

Emma Costello 1:18.37 22/04/2012 Crawley SC Spring Long Course Meet, Crawley

11 YEARS

Emily Ford 1:09.37 17/11/2013 Crawley Not So Early Bird Meet

Emma Pearce 1:10.33 31/05/2009 South East Region Champs, Crawley

Olivia Law 1:10.45 04/06/2006 South East Region Age Gps, Crawley

12 YEARS

Emma Pearce 1:03.84 12/06/2010 South East Region Champs

Olivia Law 1:05.47 28/04/2007 Berks & S Bucks No Frills, Aldershot

13 YEARS

Yasmin Tjalli 1:00.74 31/01/2015 London Swimming South Region Zonal Meet 2015

Olivia Law 1:04.09 01/06/2008 South East Age Grp Champs, Crawley

14 YEARS

Shannon Motha 1:00.60 24/07/2013 BG ASA National Age Groups 2013

Olivia Law 1:03.82 03/05/2009 South East Region Champs, Aldershot

15 YEARS

Shannon Motha 1:00.60 24/07/2013 BG ASA National Age Groups 2013

16 YEARS

Shannon Motha 1:00.60 24/07/2013 BG ASA National Age Groups 2013

Open

Natalia Druett 59.53 15/13/2020 Wycombe LC Premier Meet

Shannon Motha 1:00.60 24/07/2013 BG ASA National Age Groups 2013

200m FREE

9 YEARS & UNDER

Rhiannan Lillistone	2:52.92	31/07/2018	Swim Wales Summer Development Meet
Zoe Lovibond	2:59.16	05/11/2011	City of Coventry November Open Meet, Coventry

10 YEARS

Rhiannan Lillistone	2:42.64	21/07/2019	2019 Wycombe District SC End of Season LC Meet
Emma Costello	2:46.93	19/05/2012	Bracknell & Wokingham SC Open Meet, Aldershot

11 YEARS

Nienke Lijzenga	2:27.77	02/07/2010	Cardiff International Open
Emma Pearce	2:30.29	14/06/2009	South East Region Champs, Crawley

12 YEARS

Emma Pearce	2:19.35	13/06/2010	South East Region Champs
Olivia Law	2:23.96	10/06/2007	South East Region Age Grp, Crawley

13 YEARS

Lottie James	2:17.33	22/10/2017	Manchester International Swim Meet (ISM) 2017
Olivia Law	2:18.61	15/06/2008	SE Region Bagcat Champs, Crawley

14 YEARS

Shannon Motha	2:11.67	09/06/2013	ASA South East Region Age Group Champs 2013
Olivia Law	2:16.85	03/05/2009	South East Region Champs, Aldershot

15 YEARS

Shannon Motha	2:11.67	09/06/2013	ASA South East Region Age Group Champs 2013
Olivia Law	2:16.85	03/05/2009	South East Region Champs, Aldershot

16 YEARS

Shannon Motha	2:11.67	09/06/2013	ASA South East Region Age Group Champs 2013
Olivia Law	2:12.77	01/07/2011	Cardiff International Open Meet 2011

Open

Shannon Motha	2:11.67	09/06/2013	ASA South East Region Age Group Champs 2013
Olivia Law	2:12.77	01/07/2011	Cardiff International Open Meet 2011

400m FREE

10 YEARS

Emma Costello	5:51.34	20/05/2012	Bracknell & Wokingham SC Open Meet
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11 YEARS

Nienke Lijzenga	5:12.57	03/07/2010	Cardiff International Open
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12 YEARS

Emma Pearce	4:53.75	05/11/2014	Cardiff International Open
Oliver Law	5:03.06	02/06/2007	South East Age Groups, Crawley

13 YEARS

Oliver Law	4:45.81	31/05/2008	South East Age Group Championships
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14 YEARS

Shannon Motha	4:41.45	17/11/2013	Crawley Not So Early Bird Meet
Olivia Law	4:46.99	02/05/2009	South East Region Champs, Aldershot

15 YEARS

Shannon Motha	4:41.45	17/11/2013	Crawley Not So Early Bird Meet
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16 YEARS

Olivia Law	4:36.79	02/07/2011	Cardiff International Open Meet 2011
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Open

Olivia Law	4:36.79	02/07/2011	Cardiff International Open Meet 2011
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800m FREE**11 YEARS**

Nienke Lijzenga	10:34.10	04/07/2010	Cardiff International Open
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12 YEARS

Emma Pearce	10:11.54	30/05/2010	BG South East Region Age Groups
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13 YEARS

Oliver Law	09:55.06	15/06/2008	SE Region Bagcat Champs
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14 YEARS

Oliver Law	09:35.85	02/05/2009	South East Region Champs
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15 YEARS

Oliver Law	09:35.85	02/05/2009	South East Region Champs
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16 YEARS

Oliver Law	09:35.85	02/05/2009	South East Region Champs
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Open

Oliver Law	09:35.85	02/05/2009	South East Region Champs
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1500m FREE**11 YEARS**

Nienke Lijzenga	20:21.07	13/06/2010	South East Region Champs
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12 YEARS

Nienke Lijzenga	19:58.43	09/04/2011	Bracknell & Wokingham Distance Open
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13 YEARS

Nienke Lijzenga	19:58.43	09/04/2011	Bracknell & Wokingham Distance Open
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14 YEARS

Nienke Lijzenga	19:58.43	09/04/2011	Bracknell & Wokingham Distance Open
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15 YEARS

Nienke Lijzenga	19:58.43	09/04/2011	Bracknell & Wokingham Distance Open
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16 YEARS

Imogen West	19:03.77	04/05/2009	South East Region Champs
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Open

Imogen West	19:03.77	04/05/2009	South East Region Champs
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50m BACK

9 YEARS & UNDER

Emily Ford	41.24	05/11/2011	City of Coventry November Open Meet
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10 YEARS

Emily Ford	37.80	28/10/2012	Rushmoor Royals SC 10th Autumn Open Meet
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11 YEARS

Bethan Lillistone	34.29	14/04/2008	Team Luton April Long Course Meet 2018
Lottie James	34.57	16/05/2015	ASA SER Swimming Championships, Crawley
Emily Ford	35.77	14/12/2013	West Midlands Arena League Premier Final, Coventry

12 YEARS

Lottie James	33.65	28/05/2016	ASA South East Region Swimming Championships
Nienke Lijzenga	35.36	15/05/2011	Rotherham Metro Level One Meet, Sheffield

13 YEARS

Lottie James	30.91	04/08/2017	Swim England National Summer Meet
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14 YEARS

Lottie James	30.91	04/08/2017	Swim England National Summer Meet
Nienke Lijzenga	34.28	14/07/2013	Wycombe District SC End of Season Meet, Wycombe

15 YEARS

Lottie James	30.64	27/07/2019	British Summer Championships
Nienke Lijzenga	32.11	25/05/2014	Team Luton Last Chance National Qualifier 2014, Luton
Olivia Law	34.02	08/05/2010	ASA SE Region Youth Champs, Portsmouth

16 YEARS

Lottie James	30.64	27/07/2019	British Summer Championships
Nienke Lijzenga	32.11	25/05/2014	Team Luton Last Chance National Qualifier 2014, Luton
Olivia Law	32.74	30/04/2011	BG South East Region Youth Championships, Crawley

Open

Lottie James	30.64	27/07/2019	British Summer Championships
Nienke Lijzenga	32.11	25/05/2014	Team Luton Last Chance National Qualifier 2014, Luton

100m BACK

9 YEARS & UNDER

Rhiannan Lillistone 1:24.95 01/08/2018 Swim Wales Summer Development Meet

10 YEARS

Emily Ford 1:16.71 14/04/2013 Crawley SC Spring Long Course Open Meet

Emma Costello 1:26.30 22/04/2012 Crawley SC Spring Long Course Meet, Crawley

11 YEARS

Emily Ford 1:13.89 17/11/2013 Crawley Not So Early Bird Meet

Nienke Lijzenga 1:20.27 22/05/2010 Bracknell & Wokingham Meet, Aldershot

12 YEARS

Emily Ford 1:07.73 16/04/2015 British Championships 2015

Emma Pearce 1:16.15 29/05/2010 BG South East Region Age Groups, Crawley

13 YEARS

Emily Ford 1:07.73 16/04/2015 British Championships 2015

Nienke Lijzenga 1:11.67 19/05/2012 Bracknell & Wokingham SC Open Meet, Aldershot

14 YEARS

Lottie James 1:05.91 03/08/2018 Swim England National Summer Meet

Nienke Lijzenga 1:11.67 19/05/2012 Bracknell & Wokingham SC Open Meet, Aldershot

Olivia Law 1:12.59 09/05/2009 BSB No Frills meet, Aldershot

15 YEARS

Lottie James 1:05.91 03/08/2018 Swim England National Summer Meet

Nienke Lijzenga 1:09.62 24/05/2014 Team Luton Last Chance National Qualifier 2014, Luton

Olivia Law 1:11.31 19/12/2009 Plymouth Leander Open Mt, Millfield

16 YEARS

Lottie James 1:05.91 03/08/2018 Swim England National Summer Meet

Olivia Law 1:07.73 03/04/2011 BG South East Region Youth Championships, Crawley

Open

Lottie James 1:05.58 24/07/2021 Swim England South East - Festival of Swimming

Lottie James 1:05.91 03/08/2018 Swim England National Summer Meet

Olivia Law 1:07.73 03/04/2011 BG South East Region Youth Championships, Crawley

200m BACK

9 YEARS & UNDER

Emily Ford	3:12.24	05/11/2011	City of Coventry November Open Meet
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10 YEARS

Emily Ford	2:45.56	14/04/2013	Crawley SC Spring Long Course Open Meet
Emma Costello	2:58.63	22/04/2012	Crawley SC Spring Long Course Meet, Crawley

11 YEARS

Emily Ford	2:38.80	17/11/2013	Crawley Not So Early Bird Meet
Nienke Lijzenga	2:50.84	22/05/2010	Bracknell & Wokingham Meet, Aldershot

12 YEARS

Emily Ford	2:26.17	31/01/2015	London Swimming South Region Zonal Meet 2015
Emma Pearce	2:43.66	13/06/2010	South East Region Champs, Crawley

13 YEARS

Emily Ford	2:26.17	31/01/2015	London Swimming South Region Zonal Meet 2015
Nienke Lijzenga	2:35.46	26/05/2012	British Gas South East Region AG Champs, Crawley

14 YEARS

Emily Ford	2:26.17	31/01/2015	London Swimming South Region Zonal Meet 2015
Olivia Law	2:28.56	08/07/2009	British Gas Youth Champs, Sheffield

15 YEARS

Lottie James	2:25.27	04/08/2019	Swim England National Summer Meet
Olivia Law	2:28.20	20/12/2009	Plymouth Leander Open Mt, Millfield

16 YEARS

Olivia Law	2:22.80	01/05/2011	BG South East Region Youth Championships
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Open

Olivia Law	2:22.80	01/05/2011	BG South East Region Youth Championships
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50m BREAST

9 YEARS & UNDER

Ella Lovibond	50.57	05/11/2011	City of Coventry November Open Meet
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10 YEARS

Alice Martin	43.08	20/07/2014	Wycombe District SC End of Season Meet
Jana Cooper-Marcos	45.63	14/12/2013	West Midlands Arena League Premier Final, Coventry
Natalia Druett	47.69	13/07/2013	Wycombe District SC End of Season Meet, Wycombe

11 YEARS

Bethan Lillistone	40.47	13/05/2018	Swim England South East Championships 2018
Alice Martin	41.33	16/05/2015	ASASER Swimming Championships, Crawley
Charlotte Rowley	45.43	13/07/2013	Wycombe District SC End of Season Meet, Wycombe

12 YEARS

Lottie James	38.00	15/05/2016	ASA South East Region Swimming Championships
Natalia Druett	40.04	16/05/2015	ASASER Swimming Championships, Crawley

13 YEARS

Elena Blake	36.38	27/03/2022	Winchester Spring Qualifier L1
Lottie James	36.52	08/04/2017	City of Bristol International Open Meet
Jana Cooper-Marcos	38.20	12/03/2017	Wycombe Long Course Premier Open Meet, Wycombe
Natalia Druett	38.29	27/02/2016	Aquae Sulis Spring Grand Prix, Bristol

14 YEARS

Natalia Druett	35.80	04/11/2017	Welsh Capital Open Meet 2017
Ellie Nutt	36.07	17/11/2013	Crawley Not So Early Bird Meet, Crawley

15 YEARS

Natalia Druett	34.41	07/05/2018	Swim England South East Championships 2018
Ellie Nutt	35.09	06/08/2014	BG ASA Youth & MC Championships 2014, Sheffield

16 YEARS

Ellen Bagley	33.72	10/04/2022	Guildford City Spring Open Meet L1
Natalia Druett	33.78	06/04/2019	City of Bristol International Open Meet
Ellie Nutt	34.50	31/05/2015	London Swimming South Region Zonal Meet 2015

Open

Ellen Bagley	33.13	04/04/2023	British Swimming Championships
Natalia Druett	33.66	19/02/2022	Speedo & BUCS Long Course Swimming Championships
Natalia Druett	33.78	06/04/2019	City of Bristol International Open Meet
Ellie Nutt	34.50	31/05/2015	London Swimming South Region Zonal Meet 2015

100m BREAST

10 YEARS

Nienke Lijzenga 1:37.49 13/06/2009 South East Region Champs

11 YEARS

Olivia Elder 1:26.43 22/06/2003 Midland District Bagcat Champs

12 YEARS

Lily Seaward 1:21.80 29/05/2011 BG South East Region Age Group Championships

13 YEARS

Theodora Wornham 1:18.60 31/07/2018 Swim England Summer Meet 18
Lottie James 1:20.66 12/03/2017 Wycombe Long Course Premier Open Meet, Wycombe
Lily Seaward 1:21.80 29/05/2011 BG South East Region Age Group Championships

14 YEARS

Natalia Druett 1:16.34 05/11/2017 Welsh Capital Open Meet 2017
Ellie Nutt 1:20.47 09/06/2013 ASA South East Region Age Group Championships 2013

15 YEARS

Natalia Druett 1:14.27 05/05/2018 Swim England South East Championships 2018
Ellie Nutt 1:19.07 25/05/2014 Team Luton Last Chance National Qualifier 2014, Luton

16 YEARS

Ellen Bagley 1:13.20 28/07/2022 British Summer Championships 2022
Natalia Druett 1:14.15 23/03/2019 ESSA 69th National Inter-Divisional Championships
Ellie Nutt 1:17.96 28/03/2015 City of Sheffield Swim Squad Premier Meet, Sheffield

Open

Ellen Bagley 1:12.31 09/04/2023 British Swimming Championships (Final)
Ellen Bagley 1:13.11 09/04/2023 British Swimming Championships (Heat)
Ellen Bagley 1:13.20 28/07/2022 British Summer Championships 2022
Natalia Druett 1:14.02 10/04/2022 British Swimming Championships 2022
Natalia Druett 1:14.15 23/03/2019 ESSA 69th National Inter-Divisional Championships
Ellie Nutt 1:17.96 28/03/2015 City of Sheffield Swim Squad Premier Meet, Sheffield

200m BREAST

9 YEARS & UNDER

Ella Lovibond	3:57.94	05/11/2011	City of Coventry November Open Meet
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10 YEARS

Nienke Lijzenga	3:24.80	13/06/2009	South East Region Champs
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11 YEARS

Theodora Wornham	3:12.45	28/05/2016	ASA South East Region Swimming Championships
Olivia Law	3:14.60	10/06/2006	South East Region BAGCATS, Crawley

12 YEARS

Lottie James	2:56.29	28/05/2016	ASA South East Region Swimming Championships
Olivia Law	3:03.49	20/05/2007	Bracknell Open Meet, Aldershot

13 YEARS

Lottie James	2:53.66	09/04/2017	City of Bristol International Open Meet
Natalia Druett	2:58.86	58/05/2016	ASA South East Region Swimming Championships, Crawley

14 YEARS

Natalia Druett	2:41.03	04/11/2017	Welsh Capital Open Meet 2017
Ellie Nutt	2:51.47	16/11/2013	Crawley Not So Early Bird Meet, Crawley

15 YEARS

Natalia Druett	2:40.20	25/07/2018	British Summer Championships 2018
Ellie Nutt	2:51.47	16/11/2013	Crawley Not So Early Bird Meet, Crawley

16 YEARS

Natalia Druett	2:37.97	20/01/2019	Flanders Swimming Cup
Ellie Nutt	2:51.47	16/11/2013	Crawley Not So Early Bird Meet, Crawley

Open

Natalia Druett	2:37.97	20/01/2019	Flanders Swimming Cup
Lottie James	2:50.05	26/05/2018	wim England South East Championships 2018, Crawley

50m FLY**9 YEARS & UNDER**

Emily Ford 37.75 05/11/2011 City of Coventry November Open Meet

10 YEARS

Emily Ford 35.07 28/10/2012 Rushmoor Royals SC 10th Autumn Open Meet

11 YEARS

Emily Ford 32.29 14/12/2013 West Midlands Arena League Premier Final

12 YEARS

Emily Ford 28.93 31/01/2015 London Swimming South Region Zonal Meet 2015

13 YEARS

Emily Ford 28.93 31/01/2015 London Swimming South Region Zonal Meet 2015

14 YEARS

Emily Ford 28.93 31/01/2015 London Swimming South Region Zonal Meet 2015

15 YEARS

Emily Ford 28.93 31/01/2015 London Swimming South Region Zonal Meet 2015

16 YEARS

Ellie Nutt 28.64 04/08/2015 ASA Summer Nationals 2015

Open

Ellie Nutt 28.64 04/08/2015 ASA Summer Nationals 2015

100m FLY

9 YEARS & UNDER

Rhiannan Lillistone 1:33.86 30/07/2018 Swim Wales Summer Development Meet

10 YEARS

Emily Ford 1:19.49 13/04/2013 Crawley SC Spring Long Course Open Meet

11 YEARS

Bethan Lillistone 1:12.91 13/05/2018 Swim England South East Championships 2018

Emily Ford 1:13.43 16/11/2013 Crawley Not So Early Bird Meet, Crawley

12 YEARS

Emily Ford 1:05.05 17/04/2015 British Championships 2015

13 YEARS

Emily Ford 1:05.05 17/04/2015 British Championships 2015

14 YEARS

Emily Ford 1:05.05 17/04/2015 British Championships 2015

15 YEARS

Emily Ford 1:05.05 17/04/2015 British Championships 2015

16 YEARS

Caitlin Wheatley 1:04.23 04/05/2013 BG South East Region Youth Champs

Open

Caitlin Wheatley 1:03.48 29/07/2015 British Summer Championships

200m FLY**11 YEARS**

Nienke Lijzenga 3:23.03 18/04/2010 Taunton Deane Easter Meet

12 YEARS

Trudi Wheatley 2:44.72 10/06/2012 ASA SER British Gas Age Group Championships

13 YEARS

Phoebe Paul 2:38.00 11/05/2019 Swim England Swimming Championships 2019, Crawley (*Final*)

Phoebe Paul 2:38.53 11/05/2019 Swim England Swimming Championships 2019, Crawley (*Heat*)

Trudi Wheatley 2:44.39 26/05/2013 ASA South East Region Age Group Champs

14 YEARS

Caitlin Wheatley 2:22.42 10/06/2012 ASA SER British Gas Age Group Championship

15 YEARS

Caitlin Wheatley 2:21.09 18/11/2012 Crawley Not So Early Bird Meet

16 YEARS

Caitlin Wheatley 2:20.36 02/08/2013 BG ASA National Youth Championships

Open

Caitlin Wheatley 2:15.95 31/07/2015 British Summer Championships

200m IM

9 YEARS & UNDER

Rhiannan Lillistone	3:17.70	01/08/2018	Swim Wales Summer Development Meet
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10 YEARS

Emily Ford	2:51.20	13/04/2013	Crawley SC Spring Long Course Open Meet
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11 YEARS

Bethan Lillistone	2:47.44	12/05/2018	Swim England South East Championships 2018
Emily Ford	2:48.21	16/11/2013	Crawley Not So Early Bird Meet, Crawley
Nienke Lijzenga	2:50.94	22/05/2010	Bracknell & Wokingham Meet, Aldershot

12 YEARS

Lottie James	2:37.81	28/05/2016	ASA South East Region Swimmings Championships
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13 YEARS

Lottie James	2:29.80	13/05/2017	ASA South East Region Championships 2017
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14 YEARS

Lottie James	2:29.07	02/08/2018	Swim England National Summer Meet
Lottie James	2:29.80	13/05/2017	ASA South East Region Championships 2017

15 YEARS

Lottie James	2:28.35	06/05/2019	Swim England SE 15 Over Swimming Champs 2019
Natalia Druett	2:28.44	24/03/2018	City of Sheffield Swim Squad Premier Meet 2018, Sheffield

16 YEARS

Natalia Druett	2:26.03	06/04/2019	City of Bristol International Open Meet
Olivia Law	2:28.31	03/07/2011	Cardiff International Open Meet 2011, Cardiff

Open

Natalia Druett	2:26.03	06/04/2019	City of Bristol International Open Meet
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400m IM

11 YEARS

Nienke Lijzenga	5:56.07	02/07/2010	Cardiff International Open
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12 YEARS

Emily Ford	5:33.83	29/03/2015	City of Sheffield Swim Squad Premier Meet
Emma Pearce	5:43.67	02/07/2010	Cardiff International Open, Cardiff
Olivia Law	5:46.32	02/06/2007	South East Age Groups, Crawley

13 YEARS

Lottie James	5:27.83	28/05/2017	ASA South East Region Championships 2017
Olivia Law	5:33.24	01/06/2008	South East Age Grp Champs, Crawley

14 YEARS

Lottie James	5:21.97	24/03/2018	City of Sheffield Swim Squad Premier Meet 2018
Olivia Law	5:33.24	01/06/2008	South East Age Grp Champs, Crawley

15 YEARS

Lottie James	5:21.97	24/03/2018	City of Sheffield Swim Squad Premier Meet 2018
Nienke Lijzenga	5:27.71	19/06/2014	Dutch National Championships, Amsterdam, Holland

16 YEARS

Imogen West	5:17.82	03/05/2009	South East Region Champs
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Open

Imogen West	5:16.25	08/05/2010	ASA SE Region Youth Champs
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Relay 4x50m FREE

10 YEARS

Lindsay McLukie, Micaela Crook, T Driver-Jones, Georgia Symonds 2:47.04 23/06/2007 Unknown

12 YEARS

Olivia Law, Olivia Basterfield, Daniela Valovicova, Jess East 2:17.47 23/06/2007 Unknown

14 YEARS

Lottie James, Natalia Druett, Pia Forrestal, Jana Cooper Marcos 1:54.26 18/11/2017 Essa School Swimming Championships 2017

16 YEARS

Lottie James, Natalia Druett, Pia Forrestal, Jana Cooper Marcos 1:52.65 16/11/2019 Essa School Swimming Championships 2019

Open

Lottie James, Natalia Druett, Pia Forrestal, Jana Cooper Marcos 1:52.65 16/11/2019 Essa School Swimming Championships 2019

Relay 4x50m MEDLEY

12 YEARS

Jessica Kan, Kate Costello, April Bedford, India Mattocks 2:48.86 09/10/2010 Unknown

14 YEARS

Lottie James, Natalia Druett, Pia Forrestal, Jana Cooper Marcos 2:04.98 18/11/2017 Essa School Swimming Championships 2017

16 YEARS

Lottie James, Natalia Druett, Pia Forrestal, Jana Cooper Marcos 2:01.84 16/11/2019 Essa School Swimming Championships 2019

Open

Lottie James, Natalia Druett, Pia Forrestal, Jana Cooper Marcos 2:01.84 16/11/2019 Essa School Swimming Championships 2019

Relay 4x100m Free

14 YEARS

Ella Pearce, Jana Cooper Marcos, Alice Martin, Tappy Ross 4:28.19 28/05/2016 ASA South East Region Swimming Champs

16 YEARS

Lottie James, Natalia Druett, Pia Forrestral, Jana Cooper Marcos 4:07.17 06/05/2019 ASA South East Region Swimming Champs

Open

Lottie James, Natalia Druett, Pia Forrestral, Jana Cooper Marcos 4:07.17 06/05/2019 ASA South East Region Swimming Champs

Relay 4x100m Medley

15 YEARS

Lucy Capper, Elena Blake, Zofia Conway, Katie Wilkinson 4:53.23 29/04/2023 ASA South East Region Swimming Champs
Amber Freeman, Elena Blake, Bethan Lillistone, Kelsey Sym 4:55.89 01/05/2022 ASA South East Region Swimming Champs

16 YEARS

Lottie James, Natalia Druett, Pia Forrestral, Jana Cooper Marcos 4:34.86 06/05/2018 ASA South East Region Swimming Champs

Open

Lottie James, Natalia Druett, Pia Forrestral, Jana Cooper Marcos 4:34.86 06/05/2018 ASA South East Region Swimming Champs

Relay 4x200m Free

15 YEARS

Katie Wilkinson, Lucy Capper, Zofia Conway, Elena Blake 9:53.94 02/05/2023 ASA South East Region Swimming Champs

16 YEARS

Eloise Ross, Natalia Druett, Pia Forrestral, Jana Cooper Marcos 9:28.44 29/04/2017 ASA South East Region Swimming Champs

Open

Eloise Ross, Natalia Druett, Pia Forrestral, Jana Cooper Marcos 9:28.44 29/04/2017 ASA South East Region Swimming Champs